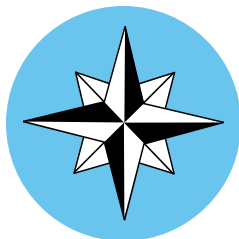


MAINE MARITIME ACADEMY NEW STUDENT PROGRAMS



WELCOME TO THE CLASS OF 2013!

NEW STUDENT ORIENTATION

Inside this booklet:

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MMA's New Student Programs consists of a three-day introductory Orientation session, as well as year-long seminars and student programming activities .

Our **New Student Orientation Sessions** focus on the social, behavioral, and environmental transition of the Class of 2013.

Four New Student Orientation Sessions are scheduled throughout the month of August with each session dove-tailing with various campus arrival dates for the convenience and transitional ease of our incoming students.

During our three-days together we will not only prepare for the ultimate bonding experience—SHIP JUMP — but also for the opportunities and expectations that come with the collegiate experience. Please make sure you return your New Student Orientation Session Registration form (page 5) by July 1st to ensure your space is reserved for one of these fun-filled events.

Campus Arrival Dates (page 2) are designated by either fall athletic participation or the incoming student's programmatic lifestyle (whether he/she will be a member of the Regiment of Midshipmen or the Independent student body). Students will move into their on-campus room on these dates, so plan ahead in your packing! Workshops and events that occur during these programmatic sessions focus on additional environmental and

Orientation Session Packing

Pack light! You will only be on-campus for 3 days.

- *Closed-toe footwear (tennis shoes)
- *Swimsuit (trunk shorts or one-piece suits preferred)
- Comfortable clothes
- Lap-Top Computer
- Personal care items
- Sleeping bag /Linens
- Pillow
- Towels
- Shower Shoes (flip-flops)
- Alarm Clock

* MUST-HAVES for Ship Jump preparation & Challenge Course

For Even MORE
New Student Program Information,
please visit regularly:

<http://reslife.mma.edu/Orientation/Orientation.htm>

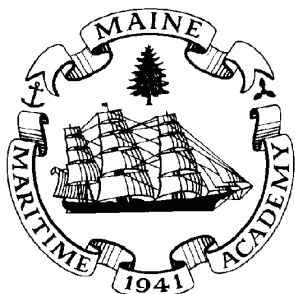
Family Involvement Opportunities

Built within the New Student Orientation Sessions are several *optional* Family Workshops, should students be accompanied to Castine by their parent/guardian(s).

Unfortunately the Academy is only able to offer on-campus overnight lodging to students; however, a listing of local accommodations can be found at the Orientation website (above).

Those families who wish to become further involved with the campus community may want to consider joining **Maine Maritime Academy's Parents Association**.

Visit <http://www.mmapa.com> for more information.



CAMPUS ARRIVAL DATES

- August 14—16:Orientation Session I
- August 17: Sailing Team Arrives
- August 17—19:Orientation Session II
- August 20: Football Arrives;
NROTC Orientation Begins
- August 21—23:Orientation Session III
- August 23: Regimental New Students
Report for RPT
- August 24: Women’s & Men’s Soccer,
Volleyball Teams Arrive
- August 26—28:Orientation Session IV
- August 28: Independent New Students
Report
- August 31: Fall Semester Classes Begin

August 2009

SUN	MON	TUE	Wed	THU	Fri	SAT
					14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



MAINE
MARITIME
ACADEMY HAS A
RESIDENCY
REQUIREMENT.

ON-CAMPUS HOUSING

All students must reside on campus unless they meet criteria to move off-campus.

There is an appeals process for extreme housing cases. Contact Residential Life or refer to the Student Handbook if you have questions.

Residential & Dining Contract

All new students living on campus are required to complete and return the enclosed **Residential and Dining Contract (pages 7&8) by July 1st** to reserve a space in Curtis Hall and to sign-up for a residential meal plan.

Please note that new students do not need to fill in the *Student ID Number* space.

Women’s Housing

New female students are housed together in specified areas of Curtis Hall which provide opportunities to bond with other women in their class and major. Their Resident Assistant (RA) works with the residents on managing their space. These areas offer either larger common bathrooms (traditionally the freshman or sophomore years) or rooms with semi-private baths (shared with other females traditionally during the junior or senior years) in suites. There are no rooms or bathrooms shared by both sexes.

Single Rooms

Single-occupancy rooms (if available) are normally allocated through a lottery system in mid-September to upper-class undergraduate students. The Department of Residential Life will supply more specific information during the first three weeks of the semester if a lottery will be held. Exceptions may be made for students with special needs after an appropriate screening process.

Area Damage Policy

One of the realities of community living is that sometimes damages occur for which no one is willing to accept responsibility and pay the repair/replacement costs. When this happens the damages are assigned either to the residents of the specific section where the damage occurred or to all residents of the hall if they occur in common areas outside of assigned sections. These issues will be raised with the section residents through section meetings when necessary.

Telephones

Curtis Hall has a bank of phones on the first floor for phone card calling. Each room is wired with two telephone jacks (one per resident) should students choose to provide their own land-line telephone and make service arrangements directly with a local provider.

We strongly recommend that new students wait at least two weeks after arrival to arrange for their own phone. Some students will change rooms or roommates during their first month on-campus and regimental students will rotate through a training period on the ship for $\frac{1}{4}$ to $\frac{1}{2}$ of the semester. Residents are responsible for all fees related to moving telephones.

Laundry Card System

Students must have a special laundry card to operate any laundry machine on campus.

New students will be able to purchase their laundry cards from a vending machine at the Curtis Hall Quarterdeck.

Cards cost \$5.00 and come with a \$3.00 introductory credit. Additional money can then be added to the laundry card using the same vending machine which accepts only \$5, \$10, and \$20 bills.

Break Closings

All residents need to be aware that we close Curtis Hall at 5:00 PM on the Friday beginning our Thanksgiving, Winter, and Spring Breaks and at 4:00 PM on the Friday beginning our Summer Break.

Arrangements can be made with a local transportation service for students who need rides to the airport or bus station. The cost is traditionally \$80 one-way, but is divisible by the number of students in the vehicle. If Saturday travel arrangements are necessary, we can provide a guest room in Leavitt Hall at a rate of \$30 per night for Friday evening.

All students will receive notice prior to our closing dates about how and where to make arrangements.



FOR MORE
INFORMATION,
PLEASE VISIT THE
RES LIFE
WEBSITE!
(reslife.mma.edu)

YOUR RES HALL ROOM

Your room should be more than the place you sleep; it should be a comfortable living space. Residence hall rooms can tend to look a bit institutional, so you may want to bring some items that give it a more personal touch. (*Regimental New Students have specific limitations on what they are allowed to bring. Please refer to Paragraph #9 in the Commandant of Midshipmen's Welcoming Memo.*) When considering which items to bring, remember two basic rules:

- You cannot install or affix anything in your room that will be permanent or damaging to the walls, doors, ceilings, furniture, or floor.
- You will be sharing a relatively small space with another person. Please plan and pack accordingly after talking with your roommate.

All rooms are furnished as double-occupancy. Each room is approximately 11.5 feet x 15 feet – though exact size and shape vary. All furniture (listed below) is moveable for flexibility of room arrangement:

Closet: 1 per person, 6.5 feet high x 24 inches wide by 24 inches deep – sits on a 2-drawer base

Desk: 1 per person, 1 drawer in each

Small Dresser: 1 per person, 3 drawers in each

Large Dresser: 1 per person, 4 drawers in each

Bed: 1 per person

Mattress: 82 inches long x 37.5 inches wide

Recommended Sheet Size: XL Twin (The right sheet size can be difficult to locate. Our bookstore now carries correct sizes in both flat and fitted sheets. You may want to call to compare prices.)

Space UNDER the Bed: There is a high and low setting for each bed.

High Setting: trunks & boxes that are 22 inches high or less will fit

Low Setting: trunks & boxes that are 12 inches high or less will fit

LIVING WITH YOUR ROOMMATE

As you make this transition from youth to young adulthood you will learn more about working and getting along with a variety of people. *One of the most important people you will encounter in your college experience may be your roommate.* He or she can be the source of either deep friendship or chronic aggravation, depending on how the two of you get along. For many this is a new experience and it may take changing some old routines and habits to make it a positive one. Below are a few suggestions that can make a difference.

1. **Think of your living situation as a household:** No single member dominates, no single member feels oppressed. It is a balanced lifestyle you are seeking. Remember that each of you has equal rights in the room.
2. **Keep the lines of communication open:** Stay committed to talking with your roommate about concerns, not with others. Chances are good that if something is bothering you, it also bothers your roommate. Be tactful and remember that your roommate is a human being too. Treat him/her with the same respect you would hope to receive from them.
3. **Work out an agreement on chores:** Conflicts over unmade beds or dirty floors and the like often cause unnecessary misunderstandings. Divide up the cleaning responsibilities and if someone is not carrying his or her share of the load, discuss it rationally and calmly, before it becomes a major irritation.
4. **Set up guidelines for sharing:** How does your roommate feel about loaning his/her possessions? Some roommates do not mind this, while others mind a great deal. Make sure that your roommate knows how you feel about this as well.
5. **Discuss the security of your room and possessions:** Decide when to lock your door, and how to ensure that one roommate does not lock the other out by mistake. *MMA recommends you always lock!*
6. **Arrange your study schedules to limit conflicts:** Are you an "early bird" or a "night owl"? If you plan to study in your room, let your roommate know. Does she/he study best with a radio or television on, or is silence more conducive? Agree on some general hours and change them only after discussion of the need/desire to reschedule.
7. **Discuss room visitors:** Does your roommate stay up late with friends? Do you socialize during the week or only on the weekends? Another important discussion is overnight visitation. This can be a big imposition/inconvenience and should be limited. Again, you both have rights in the room.
8. **Meet other people:** Do not depend on your roommate to satisfy all your social needs. Make other friends and get involved in activities that take you out of your room or the residence hall.

If problems arise that you cannot resolve yourselves, see your Resident Assistant (RA) and ask for mediation. Remember that it is often not a matter of who is right and who is wrong; it is simply an issue of failed communication or non-compatibility. At times it just takes an objective third party to assist in resolving your differences.



"WE ALL MAKE A
DIFFERENCE IN THIS
WORLD.

IT'S UP TO EACH OF
US TO CHOOSE WHAT
THAT DIFFERENCE
WILL BE."

- JANE GOODALL

Roommate Assignments

All room and roommate assignments for new students are based as much as possible on your completed **Personal Inventory for Roommate Pairing** (page 6). New students may request a specific roommate in advance by both parties noting their preference on this form. We will try to accommodate your request where possible; however, it has been our experience that "best friends" do not always make the best roommates. If you go this route we encourage both students to spend a lot of time discussing their living styles and expectations.

Please be realistic about what you believe your personal characteristics are and what your needs will be. A realistic and honest approach to your needs will save us all the aggravations that can occur when someone puts down what they "wish they were like".

Roommate Notification

We are unable to start making roommate assignments any earlier than the second week in July.

Notification will be done via postal mail as matches are made.

Please give us time to complete this process to the best of our ability.

Your Resident Assistant (RA)

All students in Curtis Hall have a Resident Assistant (RA) close to their room that is responsible for them and the well-being of their peers.

RAs uphold Residential Life and Community Code of Conduct policy and act as a mediator between students (or roommates) in times of need. They enforce community standards and also provide active and passive programming options to their residents as a way to socialize and bring the community together.

Not only do students have their RA to turn to for support, but there are also two professional staff members within Residential Life who are present to support students with their needs.

Rights & Responsibilities For Resident Students

The responsibility for maintaining a desirable environment in the residence hall lies primarily in the hands of all our residents. The term “responsible freedom” has been used to express the idea of self-control and respect for others’ rights. Responsible freedom means that the individual resident may adopt the lifestyle (within state law and the appropriate academy policy) that they wish to have as long as it does not infringe on the rights of others to pursue their own lifestyles.

It means that we must all show respect for each other’s rights.

As a member of your community, you have the right to:

- Study without undue interference, unreasonable noise, and other distractions.
- Expect that others (including roommates) will respect your personal belongings.
- Live in an environment kept clean by those who live in it.
- Access your room and the facilities provided for residents.
- Host guests with the expectation that you will be responsible for their actions and that you will escort them while they are in the building.
- Discuss issues with Residential Life staff members who can assist in addressing your concerns.
- Expect that these rights will be respected.

Responsible freedom is based on the simple, but often overlooked concept of consideration for one’s fellow human beings. This does not mean that residents may do anything they please without regard to the wishes, needs, or sensitivities of the other members of their community. Individual freedom to choose one’s actions must be accompanied by an equal acceptance of responsibility for any consequences stemming from a particular choice.

You can help to ensure that each resident’s rights are upheld simply by knowing and fulfilling your responsibilities as a resident.

As a member of your community, your responsibilities include:

- Verbally expressing your views in a respectful fashion to the person(s) involved, should you believe that your rights were violated.
- Treating other residents and staff members with the same respect and consideration that you would expect for yourself.
- Understanding and abiding by all the policies and regulations necessary for the residence hall and campus communities to function.
- Respectfully respond to all reasonable requests from fellow students.
- Responding to and cooperating with Residential Life and Academy staff members.
- Recognizing that community cannot exist if any individual is excluded. Action, direct or covert, that discriminates on the basis of race, gender, religion, handicap, national origin age or sexual orientation will not be tolerated in a community based on mutual respect and cooperation.



“I AM OF THE
OPINION THAT
MY LIFE BELONGS TO
THE COMMUNITY,
AND AS LONG AS I LIVE
IT IS MY PRIVILEGE TO
DO FOR IT
WHATEVER I CAN.”

- GEORGE
BERNARD SHAW

ESSENTIAL ITEMS TO BRING . . .

- **Swimsuit & Foot Wear for Ship Jump!!**

All students participating in Ship Jump **must** bring a pair of water shoes, strap-on sandals, or a pair of old sneakers that can get wet. Your shoes must be securely attached to your feet.

- Desk lamp
- Pillows
- Linen/Sheets
- Towels/Washcloths
- Blankets
- Alarm Clock (battery-operated **encouraged**)
- Laundry Bag
- Laundry Supplies
- Clothes hangers
- Wastebasket
- Personal care products
- Power-strips with built-in surge protectors
- Pictures: family, friends, interests
- Fan: free-standing (no window units)

***REMEMBER . . .**

Talk with your roommate in advance to determine who will bring what!!

OPTIONAL ITEMS TO BRING . . .

- Appliances – only those approved by Underwriter Laboratories (UL)
- Snack-size Microwave Oven (one per room)
- Refrigerator – no larger than 3 cubic feet (one per room)
- Hot Air Popcorn Popper
- Iron and Ironing Board
- Coffee Maker
- Closed-Coil Water Heater
- Floor and/or Desk Lamp
- TV, VCR, and/or DVD-player
- Foam “egg crate” mattress pad
- Radio or Stereo (with headphones)
- Athletic & Recreational Gear (light free weights, tennis racquet, hockey gear, work-out gear, etc.)
- Plants
- Room Cleaning Supplies
- Furniture – can have EITHER one (1) easy chair - OR – one (1) couch in any student room
- Glasses or Dinnerware
- Pets – only tank-residing non flesh-eating fish or turtles
- Sport (ex. Paintball or Archery Equipment) or Hunting Equipment – stored and retrieved ONLY by contacting Security



BOOKMARK IT!

[http://
ResLife.
MMA.EDU](http://ResLife.MMA.edu)

ITEMS NOT TO BRING . . .

- Hotplates and/or Electric Grills (such as George Foreman type)
- Electric blankets, heating lamps, or pads
- Toaster ovens or Toasters
- Candles and/or Incense
- Halogen lamps (*includes torchiere lamps*)
- Athletic/Sports Training equipment (beyond low-scale free weights)
- Window or Stand-alone Air Conditioning Units

PLEASE NOTE:

Regimental New Students

have specific limitations

on what they are allowed to bring.

Please refer to Paragraph #9

in the Commandant of Midshipmen’s

Welcoming Memo.

MEAL PLANS

All residential students (those students residing in Curtis Hall) are required to select a Residential Meal Plan via the Residential and Dining Contract. Students who live off-campus or reside in the Commons are not required to have a meal plan; however, a meal plan may be selected based on a student's nutritional and/or lifestyle needs.

Residential Meal Plans

When choosing your residential meal plan, think carefully about each option before making your decision. Consider your daily routine to assist you in selecting a meal plan that best suits your lifestyle.

- Option 1: 21 meals per week (includes four guest passes)
- Option 2: 17 meals per week & \$50 flex dollars per semester (includes four guest passes)
- Option 3: 12 meals per week & \$125 flex dollars per semester (includes four guest passes)

All three options cost exactly the same. However, the value to you is the opportunity to use your meal plan to the fullest extent and gain the flexibility you want or need.

FLEX DOLLARS

Similar to a debit card in that they will be on your MMA ID and decrease with each use. Your fall dollars can be rolled over to the spring semester, but at the end of the spring semester, all Flex balances will be zeroed out. There will be no refunds of flex dollars.

Commuter Meal Plan

Solely for students who reside off-campus or in the Commons, this meal plan provides students with **any** five (5) meals each week in the Main Dining Room.

Declining Balance

All students, especially those who reside off-campus, may wish to take advantage of the declining balance program offered through the Dining Services. Structured similarly to a debit card – a student can only spend whatever money he/she or their family has deposited onto their MMA Identification Card. Please note that the Declining Balance Program is not available as a meal plan option for students living on-campus, but can be used to provide some additional food/snack money for either the Main Dining Room or the Waypoint Snack Bar.

Registration forms are available from Residential Life or Dining Services.



Off-Campus
BEHAVIOR FALLS
UNDER MMA'S
COMMUNITY
CODE OF
CONDUCT.

Off-Campus Living Eligibility

- 22 years of age or older by December 31, 2009 - **or** -
- A Non-Traditional Student (married, a 2-year veteran with honorable discharge, or over 24 years old) - **or** -
- Have completed six (6) semesters in Curtis Hall - **or** -
- A Systems major in their 5th Year.

If you are certain that you qualify to reside off campus, please complete and return the **Off-Campus Living Request & Registration**. Do not return the **Residential and Dining Contract** or complete the **Personal Inventory for Roommate Pairing**.

Moving Off-Campus

It may be necessary for you to select a room in Curtis Hall while you look for off-campus housing. This is allowed. However, please be aware that:

*If you sign up for a room in Curtis Hall and change your plans, you must submit your completed **Off-Campus Living Request & Registration** form to the Department of Residential Life no later than the end of the second week of classes or you will be charged a \$200 administrative fee.*

Off-Campus Housing Listings

If you need help finding a place to live, you can access some helpful information on our Internal Home Page under the *Students* main menu link to *Off-Campus Housing*.

This document is a representative list of contact information for people who have previously rented to students.

GENERAL CAMPUS INFORMATION

Cell Phones

A number of students choose to use cell phones. Service is improving with new towers in the region, but utilizing them may entail walking to different parts of the building or outside. There is no one carrier endorsed or recommended by the Academy.

Internet Access

Each student is expected to bring his or her own laptop computer and printer.

All students will register their machine on campus for internet access with the Department of Information Technology during New Student Orientation.

Student Employment

Students who are interested in working during their time at the Academy can gain further information by visiting the Financial Aid Office or <http://studentjobs.mma.edu>

Student Involvement

Students interested in joining campus clubs and organizations can find out more information by visiting <http://studentgov.mma.edu/clubs>. Involvement on campus will also be discussed during Orientation and followed up via the Student Involvement Fair.

Tobacco Use

Smoking is *not permitted* in any building or near our residential facilities. There is also no use of other tobacco products allowed in classrooms, campus buildings, the dining halls, or common spaces within our residential facilities.

Mail & Packages

The student mail room is located in the Harold Alfond Student Center. Once your son or daughter has arrived they will receive a mailbox assignment in their Orientation packet. If an address is needed prior to arrival, please use the following:

Your Student's Name

New Student

Maine Maritime Academy

Pleasant Street

Castine, ME 04420

Mail and packages will arrive at the mail room for them. If you are shipping packages that your student will need upon arrival, please call Lauren Garrett, Director of Residential Life & Student Services (207-326-2280) and let her know they are coming. Once your student is here and receives their box number, you can mail packages to their specific address.

Non-Traditional Students

Maine Maritime Academy defines Non-Traditional Students as those who are over 24 years of age, married, or a veteran with at least two (2) years of military service who holds an honorable discharge

Promotional Mailings

Occasionally prospective students and/or parents receive false mailings claiming to be sanctioned by the Academy. These are fraud schemes. When such a proposal is legitimate, it will come through us and include our institutional information.

If you have any questions about any mailings you receive in relation to Maine Maritime Academy, please call us at 207-326-2280 to receive verification.

Vehicles & Parking

First-year students should plan on not having a car on-campus or in the Castine community. There simply is not room. If there is a special need (such as for medical reasons or needing to commute for a job) Long-Term Parking is available in Penobscot (approximately five (5) miles from campus).

We encourage new students who meet these special circumstances to wait until after Family Weekend to bring their vehicle.

Weapons

Students are not allowed to keep weapons, including paintball guns, within their residence hall rooms or on-campus vehicles. Students are required to store all such items in our secure armory controlled by the Department of Security and to utilize a trigger lock when being transported. Security must be contacted directly to gain access to this space.



DEPARTMENT of
RESIDENTIAL LIFE

(207)

326-2280

326-2204